



Introduction

Prologue

While we usually prefer to speak about positive aspects of Christianity, the Bible speaks rather about warnings and then about the positive aspects of a Christian life. Such is also the case in Galatians 5, where we find first the warnings about sinful behaviors, which are in biblical terms the 'Works of the Flesh'. Once we overcome those vices under the influence of the SPIRIT, we almost automatically show the positive aspects of being a Christian, namely the good 'Fruits of the SPIRIT'.

Those fruits do naturally not refer to our spirit, but to what the HOLY SPIRIT provoked in us through the absence of sin and the presence of (a striving for) holiness. Any love, joy, peace, patience, kindness, goodness, faithfulness, gentleness or self-control which is not birthed out of holiness, is simply a worldly expression of the same. Satan knows very well how to imitate most of those fruits and we can find many people, Christians and non-Christians alike, who seemingly show those positive expressions while at the same time being deeply entrenched in sinful behaviors. Therefore and again, true Fruits of the SPIRIT show only up, once we walk on the road of sanctification and holiness.

For you were called to freedom, brothers, only the freedom [is] not for an occasion to the flesh, but serve one another through the love, for all the Law is fulfilled in one word - in this: 'You will love your neighbor as yourself'; and if you bite and devour one another, see that you may not be consumed by one another. And I say, walk in the SPIRIT, and you may not fulfill the desire of the flesh; for the flesh desires contrary to the SPIRIT, and the SPIRIT contrary to the flesh, and these are opposed to one another, that the things that you may will - these you may not do; and if you are led by the SPIRIT, you are not under law. And the Works of the Flesh are also evident, which are: adultery, whoredom, uncleanness, licentiousness, idolatry, witchcraft, enmities, strife, jealousy, wraths, rivalries, dissensions, sects, envyings, murders, drunkenness, reveling, and such like, of which I tell you before, as I also said before, that those doing such things will not inherit the Kingdom of THEOS.

Gal 5:13-21

And the fruit of the SPIRIT is: love, joy, peace, long-suffering, kindness, goodness, faith, meekness, [and] self-control. Against such there is no law; and those who are of CHRISTOS IESOUS have crucified the flesh with the affections and the desires; if we may live in the SPIRIT, we may also walk in the SPIRIT; let us not become vainglorious - provoking one another envying one another!

Gal 5:22-26

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Virtues	Fruit	Description	Scripture
Fruit Of The SPIRIT (Gal 5:22)	Love	<p>agape · divine love characterized by sacrifice in the pursuit of another person's good</p> <p>eros · kind of romantic love</p> <p>philos · friendship love</p> <p>storge · affection for objects or animals</p> <p>love of benevolence · good will toward a person · meeting their needs · being respectful, constructive and/or forgiving</p> <p>love of complacency · being pleased by something</p> <p>► see also separate word study ('Love')</p>	<p><i>In this shall all know that you are my disciples, if you may have love one to another.</i></p> <p><i>The love is long-suffering, it is kind, the love does not envy, the love does not vaunt itself, is not puffed up, doth not act unseemly, does not seek its own things, is not provoked, does not impute evil, rejoiceth not over the unrighteousness, and rejoiceth with the truth; all things it beareth, all it believeth, all it hopeth, all it endureth. The love does never fail.</i></p> <p><i>... supply with your faith excellence of character ... knowledge ... self-control ... patient endurance ... piety ... brotherly love, and with ... love.</i></p>
	Joy	<p>Happiness depends on happenings, but joy depends on CHRISTOS, no matter what the circumstance might be in the given moment.</p> <p>Joy on the other hand is a deep satisfaction in the soul, produced by the HOLY SPIRIT, as He causes us to see the beauty of CHRISTOS in the Word and in the world.</p>	<p><i>For anger is in his wrath, but life in his favour: weeping shall tarry for the evening, but joy shall be in the morning.</i></p> <p><i>Rejoice in KYRIOS always. Again I say: Rejoice!</i></p> <p><i>Consider it all joy, my brothers, whenever you encounter various trials, because you know that the testing of your faith produces endurance.</i></p>
	Peace	<p>A state of tranquility or quiet · a pact or agreement to end hostilities · harmony in personal relations, especially with THEOS · freedom from disquieting or oppressive thoughts or emotions.</p> <p>The peace that IESOUS gives is not circumstantially based. It is peace in bad circumstances.</p>	<p><i>For nothing be anxious, but in everything by prayer, and by supplication, with thanksgiving, let your requests be made known unto THEOS; and the peace of THEOS, that is surpassing all understanding, shall guard your hearts and your thoughts in CHRISTOS IESOUS.</i></p> <p><i>And above all these things, [have] love, which is a bond of the perfection, and let the peace of THEOS rule in your hearts, to which also you were called in one body, and become thankful.</i></p> <p><i>Peace pursue with all, and the separation, apart from which no one shall see KYRIOS, looking diligently over lest any one be failing of the grace of THEOS, lest any root of bitterness springing up may give trouble, and through this many may be defiled.</i></p>
	Patience	<p>The power or capacity to endure something difficult or disagreeable without complaint · forbearance, longsuffering. The ability to trust in KYRIOS, knowing that He is working to complete His will in every situation we face.</p>	<p><i>Love must be without hypocrisy. Abhor what is evil; be attached to what is good, being devoted to one another in brotherly love, esteeming one another more highly in honor, not lagging in diligence, being enthusiastic in SPIRIT, serving KYRIOS, rejoicing in hope, enduring in affliction, being devoted to prayer, contributing to the needs of the saints, pursuing hospitality.</i></p> <p><i>Love is patient, love is kind.</i></p> <p><i>Call upon you, then, do I - the prisoner of KYRIOS - to walk worthily of the calling with which you were called, with all lowliness and meekness, with long-suffering, forbearing one another in love, being diligent to keep the unity of the SPIRIT in the bond of the peace; one body and one SPIRIT, according as also you were called in one hope of your calling.</i></p>
	Kindness	<p>Kindness is defined as the quality of showing a tender and considerate helpful nature. Gentleness, warmth, concern, and care are words that are associated with kindness. True kindness is SPIRIT-produced.</p>	<p><i>He who pursues righteousness and kindness will find life, righteousness, and honor.</i></p> <p><i>... and become one to another kind, tender-hearted, forgiving one another, according as also THEOS in CHRISTOS did forgive you.</i></p>
	Goodness	<p>The generosity which comes from gentleness · the uprightness of heart and life. You can't have THEOS without goodness, and you can't have goodness without THEOS.</p>	<p><i>Only goodness and kindness pursue me, All the days of my life, And my dwelling [is] in the house of kyrios, for a length of days!</i></p> <p><i>And I am persuaded, my brethren - I myself also - concerning you, that you yourselves also are full of goodness, having been filled with all knowledge, able also one another to admonish.</i></p>
	Faithfulness	<p>The quality of steadfast loyalty or firm adherence to promises. To be a trustworthy person, the character of one who would die for his or her faith.</p>	<p><i>Dear friend, you act faithfully in whatever you do for the brothers, even though they are strangers.</i></p> <p><i>Be faithful until death, and I will give you the crown of life.</i></p>
	Gentleness	<p>Gentleness is defined in the dictionary as "the quality of being tender, amiable, considerate and kind in disposition." Biblically, it is strength under control, a meekness which involves showing humility towards THEOS and others.</p>	<p><i>Take my yoke upon you and learn from me. For I am meek and humble of heart, and you will find rest for your souls. For my yoke is better, and my burden is lighter."</i></p> <p><i>Who is wise and understanding among you? Let him show by his good behavior his works, with the humility of wisdom.</i></p>
	Self-Control	<p>Restraint exercised over one's impulses, emotions, or desires. The ability to overcome carnal desires, the power to live in the world without becoming soiled or contaminated by it.</p>	<p><i>A city broken down without walls, [is] a man without restraint over his spirit!</i></p> <p><i>No temptation has taken you - except human; and THEOS is faithful, who will not suffer you to be tempted above what you are able, but He will make, with the temptation, also the outlet, for your being able to bear [it].</i></p>
Other Fruits	Evangelium	<p>To share the Evangelium (Good Message) with the whole world. We all have the responsibility to testify to those we know around us.</p>	<p><i>... because of the hope that is laid up for you in the heavens, which you heard of before in the word of the truth of the good news, which is present to you, as also in all the world, and is bearing fruit, as also in you, from the day in which you heard, and knew the grace of THEOS in truth.</i></p> <p><i>... the KYRIOS THEOS sanctify in your hearts. And [be] ready always for defence to every one who is asking of you an account concerning the hope that [is] in you, with meekness and fear.</i></p>
	Light	<p>The fruit of the light consists in all goodness, righteousness and truth.</p>	<p><i>... you were once darkness, and now light in KYRIOS; as children of light walk you, for the fruit of the SPIRIT [is] in all goodness, and righteousness, and truth, proving what is well-pleasing to KYRIOS, and have no fellowship with the unfruitful works of the darkness and rather even convict, for the things in secret done by them it is a shame even to speak of, and all the things reproved by the light are manifested, for everything that is manifested is light.</i></p> <p><i>Thus let your light shine before men, so that they may notice your good works, and may glorify your FATHER in the Heavens.</i></p>
	Righteousness	<p>The fruit of righteousness is expressed in the conduct of a disciple of CHRISTOS. Abiding in Him results in a righteous life. It is the character of CHRISTOS in action.</p>	<p><i>Now all discipline seems for the moment not to be joyful but painful, but later it yields the peaceful fruit of righteousness for those who are trained by it.</i></p> <p><i>And this I pray, that your love yet more and more may abound in full knowledge, and all judgment, for your proving the things that differ, that you may be pure and offenceless - to a day of Christ, being filled with the fruit of righteousness, that [is] through IESOUS CHRISTOS, to the glory and praise of THEOS.</i></p> <p><i>And the wisdom from above, first, indeed, is pure, then peaceable, gentle, easily entreated, full of kindness and good fruits, uncontentious, and unhypocritical: - and the fruit of the righteousness in peace is sown to those making peace.</i></p>
	Service	<p>To serve our brothers and sisters, to minister to their needs, using the gift THEOS has given us. Service given in the name of KYRIOS produces beautiful fruit in the life of the disciple.</p>	<p><i>Verily, verily, I say to you, if the grain of the wheat, having fallen to the earth, may not die, it-self remains alone; and if it may die, it does bear much fruit; he who is loving his life shall lose it, and he who is hating his life in this world - to life age-during shall keep it; if any one may minister to me, let my minister follow me, and where I am, there also my minister shall be; and if any one may minister to me, the FATHER will honour him.</i></p> <p><i>Deacons must be husbands of one wife, managing their children and their own households well. For those who have served well acquire a good standing for themselves, and great boldness in the faith that is in CHRISTOS IESOUS.</i></p>



Fruit	Description	Scripture
Vices · Works Of The Flesh (Gal 5:19-21)	Adultery	Unlawful sexual relations involving a married person.
		Have you not known that the unrighteous shall not inherit the reign of THEOS? Be not led astray; neither whoremongers, nor idolaters, nor adulterers, nor effeminate, nor sodomites, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the reign of THEOS. Whoever divorces his wife and marries another commits adultery against her ...
	Anger	A strong feeling of displeasure.
		Wherefore, putting away the lying, speak truth each with his neighbour, because we are members one of another; be angry and do not sin; let not the sun go down upon your wrath, neither give place to the devil.
	Arrogance	A feeling or an impression of superiority manifested in an overbearing manner or presumptuous claims.
		So then, my brethren beloved, let every man be swift to hear, slow to speak, slow to anger, for the wrath of a man the righteousness of THEOS does not work; wherefore having put aside all filthiness and superabundance of evil, in meekness be receiving the engrafted word, that is able to save your souls.
	Cheating	To deprive of something valuable by deceit or fraud · to practice fraud or trickery.
		Do not increase speaking very proud words! Let no arrogance go forth from your mouth, for KYRIOS is a THEOS of knowledge whose deeds are not weighed. The fear of KYRIOS is hatred of evil, pride, and arrogance and an evil way. And I hate a mouth of perversity.
	Dissension	Disagreement · discord.
		Now you yourselves know that I have served your father [Laban] with all my strength, and your father has cheated me and changed my wages ten times, but THEOS has not allowed him to harm me. "When a person displays infidelity against KYRIOS and he deceives his fellow citizen regarding something entrusted or a pledge or stealing or he exploits his fellow citizen, or he finds lost property and lies about it and swears falsely in regard to any one of these things by which a person might commit sin, and when he sins and is guilty, then he shall bring back the things he had stolen or what he had extorted or something with which he had been entrusted or the lost property that he had found ...
Vices · Works Of The Flesh (Gal 5:19-21)	Drunkenness	Being (habitually) drunk.
		And I call upon you, brethren, through the name of our KYRIOS IESOUS CHRISTOS, that the same thing you may all say, and there may not be divisions among you, and you may be perfected in the same mind, and in the same judgment, for it was signified to me concerning you, my brethren, by those of Chloe, that contentions are among you; and I say this, that each one of you said 'I, indeed, am of Paul' - 'and I of Apollos', - 'and I of Cephas', - 'and I of CHRISTOS.'
	Envy	Discontent or resentment because of another's success, advantages, or superiority.
		Let us live decently, as in the day, not in carousing and drunkenness, not in sexual immorality and licentiousness, not in strife and jealousy.
	Fornication	Consensual sexual intercourse involving two people not married to each other nor to another person.
		And be not drunk with wine, in which is dissoluteness, but be filled in the SPIRIT, speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to KYRIOS.
	Gossip	Rumor or talk of a personal, sensational, or intimate nature. Trivial, chatty talk or writing.
		I also realized that all of the toil and all of the skillful work that is done - it is envy between one man and another: This also is vanity and chasing wind!
	Greed	A selfish and excessive desire for more of something (e.g. wealth, possessions) than is needed.
		Love is patient, love is kind, love is not jealous, it does not boast, it does not become conceited, it does not behave dishonorably, it is not selfish, it does not become angry, it does not keep a record of wrongs ...
Vices · Works Of The Flesh (Gal 5:19-21)	Homo-sexuality	Erotic activity with another of the same sex. ► see also separate study 'Topics - Sexual Discipline'
		If a man seduces a virgin who is not engaged and he lies with her ...
	Hostility	Deep-seated ill will · enmity towards others or THEOS.
		For from the heart come: Evil contemplations, murders, adulteries [related to marriage], fornications [related to singles], thefts ...
	Idolatry	The worship of a physical object as a deity · immoderate attachment or devotion of something or somebody.
		Nevertheless, to avoid fornication, let every man have his own wife ...
	Impurity	Uncleanness · the impurity of lustful · luxurious, profligate living · impure motives. Unclean spirits.
		... I have written unto you not to keep company, if any man that is called a brother be a fornicator [...] with such an one no not to eat.
	Jealousy	Jealous feeling, disposition, or attitude. Being envious of someone who has something we do not have.
	Lust	Intense or unbridled sexual desire · an intense longing.
Vices · Works Of The Flesh (Gal 5:19-21)	Lying	Marked by or containing falsehoods.
		Put to death, then, your members that [are] upon the earth - whoredom, uncleanness, passion, evil desire, and the covetousness, which is idolatry - because of which things cometh the anger of THEOS upon the sons of the disobedience ...
	Murder	The killing of another person.
	Quarreling	To find fault · to contend or dispute actively.
	Selfish Ambition	Seeking or concentrating on one's own advantage, pleasure, or well-being without regard for others.
	Sexual Immorality	The immorality or state of being immoral · an immoral act or practise (see 'Fornication' above)
	Sorcery	The use of power gained from the assistance or control of evil spirits, especially for divining.
	Stealing	To take the property of another wrongfully.
	Swearing, Oaths	A solemn, formal declaration or promise to fulfill a pledge.
	Wild Parties	Debauchery · orgies · carousing.

