

WHAT DOES THE BIBLE SAY ABOUT ...

Food · History, Present Application & Future



	Comments	Scripture	
Food - Do's	From the time of creation, until the time of the flood (Gen 9:3), we were given grain, vegetables, fruits and nuts for food (products of both field and tree).	And THEOS said, “Look – I am giving to you every plant that bears seed which is on the face of the whole earth, and every kind of tree that bears fruit . They shall be yours as food.”	Gen 1:29
		And KYRIOS the THEOS took the man and set him in the garden of Eden to cultivate it and to keep it . And KYRIOS the THEOS commanded the man, saying, “ From every tree of the garden you may freely eat ...	Gen 2:15–17
	From the time after the flood (► see the study on 'Flood'; Noah and his family had probably to eat part of the livestock after the flood), we were given grain, vegetables, fruits, nuts and animals for food.	And THEOS blesseth Noah, and his sons, and saith to them, ‘Be fruitful, and multiply, and fill the earth; and your fear and your dread is on every beast of the earth, and on every fowl of the heavens, on all that creepeth on the ground, and on all fishes of the sea – into your hand they have been given. Every creep-ing thing that is alive, to you it is for food; as the green herb I have given to you the whole; only flesh in its life — its blood — ye do not eat.	Gen 9:1–4
	The destruction of life by man and animals is principally a result of sin.	And KYRIOS spoke to Moses, saying, “I have heard the grumblings of the Israelites. Speak to them, saying, ‘At twilight you will eat meat , and in the morning you will be full with bread ...	Exo 16:11–12
	Further restrictions applied temporarily in the Old Covenant for the Nation of Israel.	... ‘So also ye are without understanding! Do ye not perceive that nothing from without entering into the man is able to defile him ? Because it doth not enter into his heart, but into the belly, and into the drain it doth go out, purifying all the meats.	Mar 7:18–19
		For John the Baptist has come not eating bread or drinking wine, and you say, ‘He has a demon!’ The Son of Man has come eating and drinking , and you say, ‘Behold, a man who is a glutton and a drunkard, a friend of ... sinners!’	Luk 7:33–34
		One believes he may eat all things , but the one who is weak eats only vege-tables. The one who eats must not despise the one who does not eat, and the one who does not eat must not judge the one who eats, because THEOS has accepted him. Who are you, who passes judgment on the domestic slave be-longing to someone else? To his own master he stands or falls, and he will stand, for the KYRIOS is able to make him stand.	Rom 14:2–4
Don'ts		... the hypocrisy of liars, who ... insist on abstaining from foods that THEOS created [...] everything created by THEOS is good and nothing is to be re-jected if it is received with thankfulness, for it is made holy by the word of THEOS and prayer.	1Tim 4:3–5
	Exceptions! Blood and food dedicated to idols.	For it seemed best to the HOLY SPIRIT and to us to place on you no greater burden except these necessary things: that you abstain from food sacrificed to idols , and from blood , and from what has been strangled [animals not entirely bled out], and from fornication.	Act 15:28–29
		Then the troops took the plunder: they took sheep and cattle and calves and slaughtered them on the ground and the troops ate them all with the blood . So they reported it to Saul, saying, “Look! The troops are sinning against KYRIOS by eating the animals with the blood !” And he said, “You have dealt treacherously! Roll to me a large stone today! Then Saul said, “Dis-perse yourselves among the troops and say to them, ‘Bring to me each one his ox and each his sheep and slaughter them in this place and eat, but do not sin against KYRIOS by eating the animals with the blood .’ ...	1Sam 14:32–34
	An Old Covenant command reasonable to follow today as principle. The word 'fat' is last mentioned in the book of Ezekiel.	Then KYRIOS spoke to Moses, saying, “Speak to the Israelites, saying, ‘You must not eat any fat of ox, or sheep, or goat; and a dead body’s fat or mangled carcass’s fat may be used for any purpose, but you certainly must not eat it .	Lev 7:22–24
	Choose wisely what you eat. Your body is a holy temple.	All things to me are lawful, but all things are not profitable ; all things to me are lawful, but all things do not build up ; let no one seek his own – but each another's.	1Cor 10:23
	Don't allow your brother to be tempted by you.	Do not destroy the work of THEOS on account of food. All things are clean, but it is wrong for the person who eats and stumbles in the process. It is good not to eat meat or to drink wine or to do anything by which your brother stumbles or is offended or is weakened.	Rom 14:20–21
	Don't overeat. Everything in moderation. Gluttony is sin.	For when I bring them into the land that I swore to their ancestors, a land flowing with milk and honey, they will eat their fill, and they will become fat [the last step before falling away], and then they will turn to other gods , and they will serve them, and they will spurn me, and they will break my covenant.	Deu 31:20
Future		When you sit to eat with a ruler, you shall surely observe what is before you, and you shall put a knife to your throat [meant not literally, but so as to intensify the warning] if you have a big appetite . Do not desire his deli-cacies, for it is food of deception.	Pro 23:1–3
		Do not be among drinkers of wine, among gluttonous eaters of their meat . For the drunkard and gluttonous , they will become poor, and with rags, drowsiness will clothe them.	Pro 23:20–21
		“I will seek the lost, and I will bring back the scattered, and I will bind up the one hurt, and I will strengthen the sick; and the fat and the strong I will de-destroy [could happen in the OC, but not necessarily prescriptive for us] . I will feed her with justice.”	Eze 34:16
	Do not create for others new rules about, or a lifestyle based on food (gluten-free; keto; vegan, vegetarian, et al.).	Be mindful of those leading you, who did speak to you the word of THEOS, whose faith – considering the issue of the behaviour – be imitating, IESOUS CHRISTOS yesterday and to-day the same; with teachings manifold and strange [placeholder for a number of contemporary ideas] be not carried about , for [it is] good that by grace the heart be confirmed, not with meats , in which they who were occupied were not profited; we have an altar, of which to eat they have no authority who the tabernacle are serving, for of those beasts whose blood is brought for sin into the holy places through the chief priest – of these the bodies are burned without the camp.	Heb 13:7–11
	You might (need to) restrict yourself from eating certain foods, but do not impose extra-biblical ideas onto others.		
	There will be no more death of- , and through animals in the New Jerusalem.	... And an infant shall play over a serpent’s hole, and a toddler shall put his hand on a viper’s hole. They will not injure and they will not destroy on all of my holy mountain, for the earth will be full of the knowledge of KYRIOS ...	Isa 11:6–9
		The wolf and the lamb shall feed like one, and the lion shall eat straw like the ox, but dust shall be the serpent’s food. They shall do no evil, and they shall not destroy on all my holy mountain,” says KYRIOS.	Isa 65:25

